

Freshie Journey and O-Week 2025



Welcome to Constructor University Bremen!

♦ The Freshie Journey and O-Week are designed to prepare you for life in the international campus community of Constructor University.

♦ The Freshie Journey is your online orientation course taking place throughout the month of August - here you will find important information that will prepare you for your travels, give you insight on what to expect upon arrival and contact information of the Support Services offered at Constructor University.

♦ O-Week is mostly in person and it is very important to arrive on time to take advantage of the orientation as well as social offerings. Only specific offerings will be available in hybrid mode

Mon, Aug 4	Freshie Journey Program	
15:00pm-16:00pm	Freshie Journey Kick-Off	Zoom
	Welcome to your online Orientation - The Freshie Journey - let your Constructor Journey begin!	
11:00am	Freshie Journey Content Release	MS Teams/Constructor Learn
	Check out this week's content	
Fri, Aug 8	Freshie Journey Program	
15:00pm-16:00pm	Weekly Q&A	MS Teams
	Meet university staff and ask your questions live!	
Mon, Aug 11	Freshie Journey Program	
11:00am	Freshie Journey Content Release	MS Teams/Constructor Learn
	Check out this week's content	
Wed, Aug 13	Freshie Journey Program	
15:00pm-16:00pm	Parents Workshop	MS Teams/Constructor Learn
	Bachelor Students, please invite your parents to join this information session.	
Fri, Aug 15	Freshie Journey Program	
15:00pm-16:00pm	Weekly Q&A	MS Teams
	Meet university staff and ask your questions live!	
Mon, Aug 18	Freshie Journey Program	
11:00am	Freshie Journey Content Release	MS Teams/Constructor Learn
	Check out this week's content	
Fri, Aug 22	Freshie Journey Program	
15:00pm-16:00pm	Weekly Q&A	MS Teams
	Meet university staff and ask your questions live!	
Mon, Aug 25	Official Arrival Day	
8:00am-6:00pm	Please follow the signs on campus and make sure to visit the Welcome Street in the Sports and Convention Center	Sports and Convention Center
	Check-in and receive support from different relevant departments	
10:00am, 12:00pm, 14:00pm, 16:00pm	Campus Tour (Only for students who are living on campus)	Outside Sports & Convention Center
	Get to know the University campus with your Peer Mentors.	
8:00pm-10:00pm	Freshie Lounges (Only for students who are living on campus)	College Office in each College
	Meet and chill at the College Office	
Tue, Aug 26	O-Week Program	
10:00am-12:00pm	Study Program Fair (All students welcome!)	Sports and Convention Center
	Explore Study Programs and meet members of the Faculty in a fun and dynamic environment	
10:00am-12:00pm	Late Check-in International Foundation Year Students (Foundation Year Students Only)	Sports and Convention Center
	Foundation Year Students who missed the Welcome Street can proceed to check in today	
12:30pm-1:00pm	Campus Tours for Graduate Students (Master Students Only)	Sports and Convention Center
	Get to know the University campus with your Peer Mentors.	
1:00pm-3:00pm	Course Registration Help Desk (All students welcome)	IRC Foyer
	Get support for registering for your classes in person	
1:00pm-3:00pm	Study Abroad Student's Orientation (Exchange Students Only)	West Hall 2
	Exchange Students must attend their mandatory orientation	
8:00pm-10:00pm	Marshmallow Night (Only for students who are living on campus)	College Terraces
	Meet your new classmates over marshmallows & some fun games.	
Wed, Aug 27	O-Week Program	
10:00am-10:30am	Introduction to Student Health Programme & Student Support	Cinema
	Learn about preventative health measures and other important facts on how to take care of your mental and physical health	
10:30am-12:30pm	Academic Advising Extra Session (Bachelor Students Only)	Cinema
	Learn about the study structure at Constructor University and ask your questions live and in person	
2:00pm-4:00pm	Student Support Fair (Mandatory for all students)	Sports and Convention Center
	Introducing Student Life and Support, Language & Community Center, Counseling & Intercultural Services and other relevant depts.	
4:00pm	Campus Tour (Only for students who are living on campus)	Meet at your College
	Get to know the University campus with your Peer Mentors.	
4:00pm	Vegesack Tour (Only for students who are living on campus)	Meet at your College
	Get to know the University neighborhood & shopping opportunities. Guided by your Peer Mentors.	
7:00pm-9:30pm	Outdoor Cinema Night: "Gegen den Strom – Woman at War"	Outside in front of IRC
	This free public event brings together students, faculty, staff, and the Bremen-Nord community for an atmospheric summer evening under the open sky.	
8:00pm-10:00pm	Quiz Night I (All students welcome)	MusicLab & SAC Hall 3
	Build teams and have fun answering questions about the University and many other topics!	
Thu, Aug 28	O-Week Program	
9:30am-10:30am	Academic Advising Extra Session (Bachelor Students Only)	MS Teams
	For Late Arrival students - join if you arrived late on campus OR if you have not yet arrived	
10:00am-12:00pm	International Foundation Year Rules and Regulations (Foundation Year Students Only)	Conrad Naber Lecture Hall, RLH
	Foundation Year Students must attend their mandatory orientation	
11:00am-12:00pm	Study Program Info Sessions (Only for Bachelor and Master Students) Make sure to attend the session for your study program and feel free to visit other sessions if interested	MS Teams
	Learn about your program and get a chance to ask your questions live	

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1:00pm-2:00pm	Online Students Academic Advising Session (For Online Bachelor Students and Bachelor Students who study online during their first semester) Online students study structure - ask your questions live	MS Teams
3:00pm-4:00pm	Study Program Info Sessions (Only for Bachelor and Master Students) Make sure to attend the session for your study program and feel free to visit other sessions if interested Learn about your program and get a chance to ask your questions live	MS Teams
8:00pm-10:00pm	Quiz Night II (All students welcome) Build teams and have fun answering questions about the University and many other topics!	MusicLab & SAC Hall 3
Fri, Aug 29	O-Week Program	
11:00am-12:00pm	Study Program Info Sessions (Only for Bachelor and Master Students) Make sure to attend the session for your study program and feel free to visit other sessions if interested Learn about your program and get a chance to ask your questions live	MS Teams
12:30pm	Graduate Students Info Session (Master Students Only) Learn about what it's like to be a grad student and get to know your peers	Halle 3
12:30pm- 2:30pm	College Info Session (Mandatory) (Only for students who are living on campus) Get to know the University campus with your Peer Mentors.	Meet at your College
1:00pm-2:30pm	Graduate Students Info Session (Master Students Only) Hang out Graduate student style	TBA
3:00pm-4:00pm	Study Program Info Sessions (Only for Bachelor and Master Students) Make sure to attend the session for your study program and feel free to visit other sessions if interested Learn about your program and get a chance to ask your questions live	MS Teams
8:00pm	College Social Night (Only for students who are living on campus) College initiation with snacks, music and new friends - learning cheers meeting the mascot etc	In your College
Sat, Aug 30	O-Week Program	
9:00am-12:30pm	IFY Mathematics Placement Test (Foundation Year Students Only) Maximize your skill set by joining your accurate level	Student Activities Center Hall 3
12:00pm-5:00pm	Bremen city tour (Only for students who are living on campus) Get to know Bremen downtown with your Peer Mentors.	Meet at your College
12:00pm-5:00pm	Bremen city tour (Master Students) Get to know Bremen downtown with your Peer Mentors.	Meet in front of HbF
Mon, Sep 01	O-Week Program	
10:30am-12:00pm	Annual Opening Ceremony Formal event to kick-off the semester	Sports and Convention Center
2:15pm	Classes Start	
Sat, Sep 06	Campus Integration Program	
12:00pm-5:00pm	Bremen city tour (Only for students who are living on campus) Get to know Bremen downtown with your Peer Mentors.	Meet at your College
12:00pm-5:00pm	Bremen city tour (Master Students) Get to know Bremen downtown with your Peer Mentors.	Meet in front of HbF
Tue, Sep 09	Campus Integration Program	
12:30pm-2:00pm	Academic Advising Extra Session (Bachelor Students Only) For Late Arrival students - join if you arrived late on campus OR if you have not yet arrived	MS Teams
Wed, Sep 10	Campus Integration Program	
2:00pm-5:00pm	Community Standard Workshop for Undergraduates & IFY students (Mandatory) Complete your community standard education to find out more about how Constructor prepares you for your professional career	Meet at your College
Thu, Sep 11	Campus Integration Program	
12:30pm-1:30pm	Academic Advising Extra Session (Bachelor Students Only - late arriving students) Learn about the study structure at Constructor University and ask your questions live and in person	Conrad Naber Lecture Hall, Reimer Lüst Hall
Fri, Sep 12	Campus Integration Program	
8:00pm	TOS opening 1st Bar Night "Time capsule" Create memories for a lifetime	TOS
Sat, Sep 13	Campus Integration Program	
2:00-4:00pm	Club & Events Fair (All students welcome) Learn about clubs and Teams at Constructor and the events they organize	Sports and Convention Center
Sun, Sep 14	Campus Integration Program	
8:00pm	Block/Floor Integration Meeting (Mandatory) Get to know your neighbours and be a part of your community	In your College
Sun, Sep 21	Campus Integration Program	
12:00pm-6:30pm	Intercultural Training for Undergraduates & IFY students (Mandatory, 2nd option) Learn about the challenges and opportunities of living on an intercultural campus	Meet at your College
Sat, Sep 27	Campus Integration Program	
12:00pm-6:30pm	Uni Games Join the community for some fun games & play in a team.	SCC, Sports Fields