

Freshie Journey and O-Week 2025



Welcome to Constructor University Bremen!

- ♦ The Freshie Journey and O-Week are designed to prepare you for life in the international campus community of Constructor University.
- ♦ The Freshie Journey is your online orientation course taking place throughout the month of August - here you will find important information that will prepare you for your travels, give you insight on what to expect upon arrival and contact information of the Support Services offered at Constructor University.
- ♦ O-Week is mostly in person and it is very important to arrive on time to take advantage of the orientation as well as social offerings. Only specific offerings will be available in hybrid mode

Mon, Aug 4	Freshie Journey Program	
15:00-16:00	Freshie Journey Kick-Off	Zoom
	Welcome to your online Orientation - The Freshie Journey - let your Constructor Journey begin!	
11:00	Freshie Journey Content Release	MS Teams/Constructor Learn
	Check out this week's content	
Fri, Aug 8	Freshie Journey Program	
15:00-16:00	Weekly Q&A	MS Teams
	Meet university staff and ask your questions live!	
Mon, Aug 11	Freshie Journey Program	
11:00	Freshie Journey Content Release	MS Teams/Constructor Learn
	Check out this week's content	
Wed, Aug 13	Freshie Journey Program	
15:00-16:00	Parents Workshop	Zoom
	Bachelor Students, please invite your parents to join this information session.	
Fri, Aug 15	Freshie Journey Program	
14:00-15:30	IFY Students & Parents Pre-Arrival Info Webinar	MS Teams
	IFY Students, please invite your parents to join this information session.	
15:00-16:00	Weekly Q&A	MS Teams
	Meet university staff and ask your questions live!	
Mon, Aug 18	Freshie Journey Program	
11:00	Freshie Journey Content Release	MS Teams/Constructor Learn
	Check out this week's content	
Fri, Aug 22	Freshie Journey Program	
15:00-16:00	Weekly Q&A	MS Teams
	Meet university staff and ask your questions live!	
Mon, Aug 25	Official Arrival Day	
8:00-18:00	Please follow the signs on campus and make sure to visit the Welcome Street in the Sports and Convention Center	Sports and Convention Center
	Check-in and receive support from different relevant departments	
10:00; 12:00; 14:00; 16:00	Campus Tour	Outside Sports & Convention Center
	Get to know the University campus with your Peer Mentors.	
20:00-22:00	Freshie Lounges (IFY, Bachelor and Exchange students only)	College Office in each College
	Meet and chill at the College Office	
Tue, Aug 26	O-Week Program	
10:00-12:00	Study Program Fair (All students welcome!)	Sports and Convention Center
	Explore Study Programs and meet members of the Faculty in a fun and dynamic environment	
10:00-12:00	Late Check-in International Foundation Year Students (Foundation Year Students Only)	Sports and Convention Center
	Foundation Year Students who missed the Welcome Street can proceed to check in today	
12:30	Campus Tours for Graduate Students (Master Students Only)	Outside Sports and Convention Center
	Get to know the University campus with your Peer Mentors.	
13:00-15:00	Course Registration Help Desk (All students welcome)	IRC Foyer
	Get support for registering for your classes in person	
13:00-15:00	Study Abroad Student's Orientation (Exchange Students Only)	West Hall 2
	Exchange Students must attend their mandatory orientation	
14:30-16:30	IFY English Placement Test	TBA
	Maximize your skill set by joining your accurate level	
16:00	Campus Tour (IFY, Bachelor and Exchange students only)	Outside Sports & Convention Center
	Get to know the University campus with your Peer Mentors.	

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Tue, Aug 26	O-Week Program (cont.)	
16:00	Vege sack Tour (IFY, Bachelor and Exchange students only)	Meet at your College
	Get to know the University neighborhood & shopping opportunities. Guided by your Peer Mentors.	
20:00-22:00	Marshmallow Night (IFY, Bachelor and Exchange students only)	College Terraces
	Meet your new classmates over marshmallows & some fun games.	
Wed, Aug 27	O-Week Program	
10:00-10:30	Introduction to Student Health Programme & Student Support	Cinema, Arts & Culture Center
	Learn about preventative health measures and other important facts on how to take care of your mental and physical health	
10:30-12:30	Academic Advising Extra Session (Bachelor Students Only)	Cinema, Arts & Culture Center
	Learn about the study structure at Constructor University and ask your questions live and in person	
10:00-13:00	IFY Orientation Day and IFY Rules & Regulations Info Session (IFY students only)	Conrad Naber Lecture Hall, Reimer Lüst Hall
	This is the specialized orientation session for IFY students	
13:30-14:15	German Language Program Info Session	Conrad Naber Lecture Hall, Reimer Lüst Hall
	Find out what opportunities you have to learn German, improve your skills, and obtain internationally recognized language certificates	
14:00-16:00	Student Support Fair (Mandatory for all students)	Sports and Convention Center
	Introducing Student Life and Support, Language & Community Center, Counseling & Intercultural Services and other relevant depts.	
16:00	Campus Tour (IFY, Bachelor and Exchange students only)	Outside Sports & Convention Center
	Get to know the University campus with your Peer Mentors.	
16:00	Vege sack Tour (IFY, Bachelor and Exchange students only)	Meet at your College
	Get to know the University neighborhood & shopping opportunities. Guided by your Peer Mentors.	
19:00-21:30	Outdoor Cinema Night: "Gegen den Strom – Woman at War"	Outside in front of IRC
	This free public event brings together students, faculty, staff, and the Bremen-Nord community for an atmospheric summer evening under the open sky.	
20:00-22:00	Quiz Night I (IFY, Bachelor and Exchange students only)	MusicLab & Conference Hall (IRC)
	Build teams and have fun answering questions about the University and many other topics!	
Thu, Aug 28	O-Week Program	
9:30-10:30	Academic Advising Extra Session (Bachelor Students Only)	MS Teams
	For Late Arrival students - join if you arrived late on campus OR if you have not yet arrived	
10:00-12:00	IFY English Placement Test	TBA
	Maximize your skill set by joining your accurate level	
11:00-12:00	Study Program Info Sessions (Only for Bachelor and Master Students) Make sure to attend the session for your study program and feel free to visit other sessions if interested	MS Teams
	Learn about your program and get a chance to ask your questions live	
13:00-14:00	Online Students Academic Advising Session (For Online Bachelor Students and Bachelor Students who study online during their first semester)	MS Teams
	Online students study structure - ask your questions live	
13:00-14:00	Quality Assurance Info Session	Conrad Naber Lecture Hall, Reimer Lüst Hall
	Learn about how the Quality Assurance system at Constructor University actively engages to promote continuous improvement in academic programs and student experiences	
14:00-16:00	IFY Mathematics Placement Test (Foundation Year Students Only)	IRC-East Wing and Student Activity Center Hall 3
	Maximize your skill set by joining your accurate level	
15:00-16:00	Study Program Info Sessions (Only for Bachelor and Master Students) Make sure to attend the session for your study program and feel free to visit other sessions if interested	MS Teams
	Learn about your program and get a chance to ask your questions live	
20:00-22:00	Quiz Night II (IFY, Bachelor and Exchange students only)	MusicLab & Conference Hall (IRC)
	Build teams and have fun answering questions about the University and many other topics!	
Fri, Aug 29	O-Week Program	
10:00-12:00	IFY English Placement Test	TBA
	Maximize your skill set by joining your accurate level	
11:00-12:00	Study Program Info Sessions (Only for Bachelor and Master Students) Make sure to attend the session for your study program and feel free to visit other sessions if interested	MS Teams
	Learn about your program and get a chance to ask your questions live	
12:30	Graduate Students Info Session (Master Students Only)	Students Activity Center, Hall 3
	Learn about what it's like to be a grad student and get to know your peers	

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Fri, Aug 29		O-Week Program (cont.)
12:30- 14:30	College Info Session (Mandatory) (IFY, Bachelor and Exchange students only)	Meet at your College
	Get to know the University campus with your Peer Mentors.	
13:00-14:30	Graduate Students Info Session (Master Students Only)	TBA
	Hang out Graduate student style	
15:00-16:00	Study Program Info Sessions (Only for Bachelor and Master Students) Make sure to attend the session for your study program and feel free to visit other sessions if interested	MS Teams
	Learn about your program and get a chance to ask your questions live	
20:00	College Social Night (IFY, Bachelor and Exchange students only)	In your College
	College initiation with snacks, music and new friends - learning cheers meeting the mascot etc	
Sat, Aug 30		O-Week Program
12:00-17:00	Bremen city tour (IFY, Bachelor and Exchange students only)	Meet at your College
	Get to know Bremen downtown with your Peer Mentors. Please check individual departure times with your College.	
12:00-17:00	Bremen city tour (Master Students)	Meet in front of Bremen Central Station
	Get to know Bremen downtown with your Peer Mentors.	
Mon, Sep 01		O-Week Program
10:30-12:00	Annual Opening Ceremony	Sports and Convention Center
	Formal event to kick-off the semester	
14:15	Classes Start	
Sat, Sep 06		Campus Integration Program
12:00-17:00	Bremen city tour (IFY, Bachelor and Exchange students only)	Meet at your College
	Get to know Bremen downtown with your Peer Mentors. Please check individual departure times with your College.	
12:00-17:00	Bremen city tour (Master Students)	Meet in front of Bremen Central Station
	Get to know Bremen downtown with your Peer Mentors.	
Tue, Sep 09		Campus Integration Program
12:30-14:00	Academic Advising Extra Session (Bachelor Students Only)	MS Teams
	For Late Arrival students - join if you arrived late on campus OR if you have not yet arrived	
Wed, Sep 10		Campus Integration Program
14:00-17:00	Community Standard Workshop for Bachelor & IFY students (Mandatory)	Meet at your College
	Complete your community standard education to find out more about how Constructor prepares you for your professional career	
Thu, Sep 11		Campus Integration Program
12:30-13:30	Academic Advising Extra Session (Bachelor Students Only - late arriving students)	Conrad Naber Lecture Hall, Reimer Lust Hall
	Learn about the study structure at Constructor University and ask your questions live and in person	
Fri, Sep 12		Campus Integration Program
20:00	TOS opening 1st Bar Night "Time capsule"	The Other Side, Student Bar
	Create memories for a lifetime	
Sat, Sep 13		Campus Integration Program
14:00-16:00	Club Fair (All students welcome)	Sports and Convention Center
	Learn about clubs and Teams at Constructor and the events they organize	
Sun, Sep 14		Campus Integration Program
20:00	Block/Floor Integration Meeting (Mandatory)	In your College
	Get to know your neighbours and be a part of your community	
Sun, Sep 21		Campus Integration Program
12:00-18:30	Intercultural Training for Bachelor & IFY students (Mandatory)	Meet at your College
	Learn about the challenges and opportunities of living on an intercultural campus	
Sat, Sep 27		Campus Integration Program
11:00-18:30	Uni Games	Sports and Convention Center, Sports Fields
	Join the community for some fun games & play in a team.	